



900 Jefferson Road Rochester, NY 14623
585.272.9470 • www.palmersdirecttoyou.com

The Kitchen Menu

Market Hours:		Kitchen Hours:	
Sunday, Monday:	10AM - 4PM	Sunday, Monday:	CLOSED
Tuesday, Wednesday:	10AM - 7PM	Tuesday, Wednesday:	11AM - 7PM
Thursday - Saturday:	9AM - 8PM	Thursday - Saturday:	11AM - 8PM

WE'RE HERE TO CATER TO YOU!

For up to 100 people, we can provide a professional, catered experience you & your guests are sure to remember! No special event is off limits:

Graduation Parties • Weddings • Business Lunches
Birthday Parties • Family Reunions • Holiday Parties

CAN'T PICK IT UP? HAVE IT DELIVERED!

Call 585.272.9470 or ask an associate for details!

Specialty Sandwiches

All specialty sandwiches served with one fresh side of your choice

The Palmer Burger..... 10.99

10oz. Certified Angus Beef® Brand burger served on a toasted brioche roll with lettuce, tomato, your choice of cheese and garlic aioli on the side.

Add bacon: 1.00 Add mushrooms or onions: 0.50 each

Philly Cheese Steak Sandwich..... 10.99

Certified Angus Beef® Brand shaved steak sautéed with onions, topped with provolone cheese on a toasted sub roll.

Mallory's Chicken Sandwich..... 8.99

Fried or grilled chicken breast, served on a toasted brioche roll with lettuce, tomato and your choice of dressing on the side.

Pulled Pork Sandwich..... 8.99

Slow roasted pork with house made BBQ sauce on a toasted brioche roll.

Fried Fish Sandwich..... 10.99

A fresh breaded haddock fillet on a sub roll with lettuce, tomato and house made tartar sauce.

Marinated Shrimp Sandwich..... 11.99

Citrus and herb marinated shrimp with bacon, avocado, lettuce and tomato on grilled white bread.

Pan Seared Crab Cake Sandwich..... 13.99

Lump crab cake dressed with pepper mayo on a toasted brioche roll with lettuce and tomato on the side.

Cape Cod Reuben..... 10.99

Beer battered Cod, house made coleslaw, 1000 Island dressing and Swiss cheese on toasted rye bread.

All pressed paninis served with chips and a pickle.

Tenderloin Panini..... 10.99

Certified Angus Beef® Brand beef tenderloin, roasted red peppers, provolone cheese, red onion and mushrooms. Served with garlic aioli on fresh herb focaccia bread.

Reuben Panini..... 10.99

Thinly sliced corned beef, house made coleslaw, 1000 Island dressing and Swiss cheese on a grilled rye focaccia.

Cuban Panini..... 9.99

Grilled sub roll stuffed with slow roasted pork, ham, mayo, mustard, pickles and melted Swiss cheese.

Signature Soups

Lobster Bisque	Regular (8 oz.)	4.99
Fresh cream, real butter and succulent lobster combine with just a touch of sherry.	Large (16 oz.)	7.99
Seafood Chowder	Regular (8 oz.)	4.99
Fresh vegetables, cream, bacon and potatoes compliment scallops, white fish, clams and shrimp.	Large (16 oz.)	7.99
(2) Soups Du Jour	Regular (8 oz.)	3.99
	Large (16 oz.)	6.49

Handcrafted Salads

Mixed Green Side Salad	3.49	Caesar Side Salad	3.99
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BBQ Chicken Salad..... 9.99

Fried chicken breast, mixed greens tossed with tomato, cucumber, red onion, house made ranch dressing and BBQ sauce.

Beet and Baby Green Salad..... 9.99

Roasted beets, baby lettuce with goat cheese, grilled asparagus and pecans tossed with house made balsamic dressing.

Marinated Shrimp Salad..... 12.99

Baby lettuces with bacon, avocado, grape tomatoes topped with seven herb citrus marinated shrimp and our house made sweet and tangy lemon vinaigrette.

Mini Crab Cake Salad..... 12.99

Two fried premium lump-meat crab cakes on top of mixed greens with avocado, carrots, cucumbers, tomato & red onion tossed in a lemon vinaigrette.

Classic Caesar Salad..... 7.99

Romaine lettuce with shaved Parmesan cheese & croutons. Served with a side of house made Caesar dressing.

Caesar with Chicken (5 oz)..... 10.99

with Tenderloin (4 oz)..... 12.99

with Shrimp (spicy) (5 ct)..... 12.99

with Salmon (spicy) (6 oz)..... 12.99

Custom Seafood Selections

Pick Your Seafood! *Sides Not Included*

Wild-Caught N. Atlantic Haddock.....	Regular (6-8 oz.)	7.99
	Large (10-12 oz.)	10.99
Wild-Caught N. Atlantic Cod.....	Regular (8-10 oz.)	9.99
Irish Style Fish N' Chips.....	Regular (8-10 oz)	10.99
Farm Raised Catfish.....	Large (7-9 oz.)	8.99
Farm Raised Jumbo Shrimp.....	Regular (5 pc.)	9.99
	Large (8 pc.)	12.99
Seafood Combo.....	Regular	15.99
6-8 oz Haddock, 3 Shrimp, 3 Scallops	Large	18.99
Shrimp & Scallop Combo.....	Regular	15.99
5 Shrimp, 3 Scallops		
Wild Caught Sea Scallops.....	Regular (5 pc.)	12.99
	Large (7 pc.)	16.99
Farm Raised Atlantic Salmon.....	Regular (8 oz.)	11.99
Farm Raised Tilapia.....	Large (7-9 oz.)	8.99
Fried Clam Strips.....	Regular (8 oz.)	8.99
	Large (12 oz)	11.99

All portions are weight before cooking

Deep Fried • Broiled • Panseared • Grilled

Pick One Seasoning or Coating!

White Wine Lemon • Garlic Butter • Lemon Dill Butter

Lemon Pepper • Tropical Salsa • Jamaican Rub

Blackened Seasoning

(Deep Fried Only)

Breaded • Beer Batter • Cornmeal Crusted

Pick Your Sides!

All Fresh, Cold & Hot Sides: sm. 1.50 lg. 3.00
Premium Sides (Sweet Potato Fries or Onion Rings): 2.00

Seafood & Chicken Baskets

Mini Handmade Crab Cakes..... 10.99

Three fried premium lump-meat crab cakes garnished with baby greens and red pepper mayo.

Fried Calamari..... 8.99

Buttermilk dipped, cornmeal crusted thick cut tubes and tentacles served with our house made marinara sauce, banana peppers and parmesan cheese.

Southern Style Chicken Tenders..... 6.99

Four fresh chicken breast tenders, double buttermilk hand breaded and deep fried. Served with BBQ sauce & ranch dressing.

Buffalo Style Chicken Tenders..... 7.99

Four fresh chicken breast tenders, double buttermilk hand breaded, deep fried and coated with Buffalo sauce served with bleu cheese dressing and celery.

Deli Sandwiches

All deli sandwiches served with chips & a pickle

Full Sandwich 9.99 Half Sandwich 5.99

Half Sandwich with Soup or Side Salad 8.99

Choice of Bread:

White • Wheat • Rye • Wrap (Full Sandwich Only)

Choice of Meat: (choose one)

Roast Beef • Corned Beef • Pastrami

Virginia Baked Ham • Turkey Breast

Choice of Cheese:

American • Pepper Jack • Cheddar • Provolone • Swiss • Mozzarella

Choice of Extras:

Lettuce • Tomato • Onion • Banana Peppers • Sweet Peppers • Coleslaw

Choice of Condiments:

Mayonnaise • Spicy Mustard • Yellow Mustard • Dijon Mustard

Garlic Aioli • 1000 Island Dressing • Honey Mustard

Seasonal Specials

The Palmer's Plate..... 13.99

Our 10oz Certified Angus Beef burger served over French fries and macaroni salad. Topped with meat hot sauce, spicy brown mustard, and chopped onion.

Apple Walnut Salad..... 12.99

Grilled chicken, apple slices, candied figs, toasted walnuts, goat cheese, and mixed greens tossed in balsamic dressing.

Autumn Steelhead Trout..... 13.99

Grilled U.S.A. farm raised Steelhead trout in brown butter, topped with sage and maple glazed pecans.

Fried Chicken Wing Basket..... 10.99

Eight deep fried, wings served with French fries blue cheese & celery. Sauce Options: Buffalo, BBQ, Apple Bourbon Bacon Butter

Have you visited the Fish counter and saw a fish fillet you want to try? See a delicious steak on the Meat counter? Well...

CREATE YOUR OWN ENTRÉE!

HERE ARE SOME OF OUR FAVORITES!

DEEP FRIED

Oysters • Ocean Perch • Boneless Pork Chop

GRILLED

Bone-In Pork Chop • T-Bone Steak • Swordfish

PANSEARED

Delmonico Steak • Sockeye Salmon • Yellowfin Tuna

STEAMED

Mussels • King Crab Legs • Littleneck Clams

...AND DON'T FORGET THE SIDES!

Fresh Seafood may vary by availability