



900 Jefferson Road Rochester, NY 14623 · 585.272.9470

[PalmersDirectToYouMarket.com](http://PalmersDirectToYouMarket.com)

# MARKET MENU

## Market Hours:

Sunday & Monday: 10AM - 4PM  
 Tuesday & Wednesday: 10AM - 7PM  
 Thursday, Friday & Saturday 9AM - 8PM

## Kitchen Hours:

Sunday & Monday: Closed  
 Tuesday & Wednesday 11AM - 7PM  
 Thursday, Friday & Saturday 11AM - 8PM

*Craving something you didn't find on our menu?  
 Steak...? Lobster...?*

Ask an associate for more information on how to create an entrée using fresh meats or seafood today!

### Certified Angus Beef® Creations

<b>Philly Cheese Steak Sandwich</b> Certified Angus Beef® Brand shaved steak sautéed with onions, topped with provolone cheese on a toasted sub roll.	9.99
<b>The Palmer Burger</b> 10oz. Certified Angus Beef® Brand burger served on a toasted brioche roll with lettuce, tomato, your choice of cheese and garlic aioli on the side. <i>Add bacon: 1.00 Add mushrooms or onions: 0.50 each</i>	9.99
<b>Ribeye Steak Dinner</b> A panseared or grilled Certified Angus Beef® Brand 14 oz ribeye steak. Served with your choice of two fresh sides. <i>Add mushrooms or onions: 0.50 each</i>	14.99

*Angus beef at its best*

## Fresh Salads

<b>Mixed Green Side Salad</b>	3.49	<b>Caesar Side Salad</b>	3.99
<b>BBQ Chicken Salad</b> Fried chicken breast, mixed greens tossed with tomato, cucumber, red onion, house made ranch dressing and BBQ sauce.			8.99
<b>Beet and Baby Green Salad</b> Roasted beets, baby lettuce with goat cheese, grilled asparagus and pecans tossed with house made balsamic dressing.			7.99
<b>Marinated Shrimp Salad</b> Baby lettuces with bacon, avocado, grape tomatoes topped with seven herb citrus marinated shrimp and our house made sweet and tangy lemon vinaigrette.			10.99
<b>Mini Crab Cake Salad</b> Two fried premium lump-meat crab cakes on top of mixed greens with avocado, carrots tomato & red onion tossed in a lemon vinaigrette.			10.99
<b>Caesar Salads</b> Romaine lettuce with shaved Parmesan cheese & croutons. Served with a side of house made Caesar dressing.		Classic 6.99 Chicken 9.99 Shrimp 11.99 Salmon 11.99 Tenderloin 12.99	

## Appetizers & Soups

<b>Mini Handmade Crab Cakes</b> Three fried premium lump-meat crab cakes garnished with baby greens and garlic aioli.		9.99	
<b>Clam Strips</b> Hand breaded fresh clam strips, deep fried and served with your choice of cocktail sauce or tartar sauce.		7.99	
<b>Fried Calamari</b> Buttermilk dipped, cornmeal crusted thick cut tubes and tentacles served with our house made marinara sauce, banana peppers and parmesan cheese.		8.99	
<b>Lobster Bisque</b> Fresh cream, real butter and succulent lobster combine with just a touch of sherry.	<b>Regular (8 oz.)</b> 3.99 <b>Large (16 oz.)</b> 6.99		
<b>Seafood Chowder</b> Fresh vegetables, cream, bacon and potatoes compliment scallops, white fish, clams and shrimp.	<b>Regular (8 oz.)</b> 3.99 <b>Large (16 oz.)</b> 6.99		
<b>(2) Soups Du Jour</b>	<b>Regular (8 oz.)</b> 3.49 <b>Large (16 oz.)</b> 5.49		

## Chicken Tenders

<b>Southern Style Chicken Tenders</b> Four fresh chicken breast tenders, double buttermilk hand breaded and deep fried. Served with BBQ sauce & ranch dressing. <i>Add French fries &amp; coleslaw: 1.00</i>		5.99	
<b>Buffalo Style Chicken Tenders</b> Four fresh chicken breast tenders, double buttermilk hand breaded, deep fried and coated with Buffalo sauce served with bleu cheese dressing and fresh cut celery sticks. <i>Add French fries &amp; coleslaw: 1.00.</i>		6.99	

## Hot Pressed Paninis

<b>Reuben Panini</b> Thinly sliced corned beef or turkey, house made coleslaw, 1000 Island dressing and Swiss cheese on a grilled rye focaccia.		9.99	
<b>Cuban Panini</b> Grilled sub roll stuffed with slow roasted pork, ham, mayo, mustard, pickles and melted Swiss cheese.		7.99	
<b>Tenderloin Panini</b> Tenderloin, roasted red peppers, provolone cheese, red onion and mushrooms. Served with garlic aioli on fresh herb focaccia bread.		9.99	

## Create Your Own Entree!

### Step 1: Pick Your Fish!

<b>Wild-Caught Haddock</b> Broiled, baked, pan-seared or fried		<b>Regular (7-8 oz.)</b>	7.99	<b>Large (10-12 oz.)</b>	9.99
<b>Wild-Caught Cod</b> Broiled, baked or fried		<b>Large (8-10 oz.)</b>	8.99		
<b>Farm Raised Catfish</b> Broiled, baked, pan-seared or fried		<b>Large (8-10 oz.)</b>	8.99		
<b>Farm Raised Jumbo Shrimp</b> Grilled, broiled, pan-seared or fried		<b>Regular (5)</b> 8.99 <b>Large (8)</b> 12.99			
<b>Wild Caught Scallops</b> Grilled, broiled, baked, panseared or fried		<b>Regular (5)</b> 13.99 <b>Large (7)</b> 15.99			
<b>Farm Raised Atlantic Salmon</b> Grilled, broiled, baked or pan-seared		<b>Large (8 oz.)</b>	9.99		
<b>Farm Raised Tilapia</b> Grilled, broiled, baked, pan seared or fried		<b>Large (8-10 oz.)</b>	7.99		
<b>Seafood Combo</b> Broiled, panseared or fried		<b>Regular</b> 15.99 <b>Large</b> 18.99			

### Step 2: Pick Your Topping!

White Wine Lemon · Garlic Butter · Lemon Dill Butter  
 Lemon Pepper · Tropical Salsa · Jamaican Rub · Blackened Seasoning

### Step 3: Pick Your Sides!

Claremont Salad · Macaroni Salad · Coleslaw  
 Potato Salad · French Fries · Onion Rings

... Or any of our 2-4 daily Hot Sides!

**Regular Side** 1.50    **Large Side** 3.00

Not responsible for typographical errors. Prices are subject to change.

## Specialty Sandwiches

All specialty sandwiches served with one fresh side of your choice

<b>Mallory's Chicken Sandwich</b> Fried or grilled chicken breast, served on a toasted brioche roll with lettuce, tomato and your choice of dressing on the side.		8.99	
<b>Pulled Pork Sandwich</b> Slow roasted pork with house made BBQ sauce on a toasted brioche roll.		8.99	
<b>Fried Fish Sandwich</b> A fresh breaded haddock fillet on a sub roll with lettuce, tomato and house made tartar sauce.		9.99	
<b>Marinated Shrimp Sandwich</b> Citrus and herb marinated shrimp with bacon, avocado, lettuce and tomato on grilled white bread.		11.99	
<b>Pan Seared Crab Cake Sandwich</b> Lump crab cake dressed with pepper mayo on a toasted brioche roll with lettuce and tomato on the side.		11.99	

## Deli Sandwiches

All deli sandwiches served with chips & a pickle

**Full Sandwich** 8.99    **Half Sandwich** 4.99

**Half Sandwich with Soup or Side Salad** 7.99

### Choice of Bread:

White · Wheat · Rye · Wrap (*Full Sandwich Only*)

### Choice of Meat: (choose one)

Roast Beef · Corned Beef · Pastrami · Virginia Baked Ham · Turkey Breast

### Choice of Cheese:

American · Pepper Jack · Cheddar · Provolone · Swiss · Mozzarella

### Choice of Extras:

Lettuce · Tomato · Onion · Banana Peppers · Sweet Peppers · Coleslaw

### Choice of Condiments:

Mayonnaise · Spicy Mustard · Yellow Mustard · Dijon Mustard  
 Garlic Aioli · 1000 Island Dressing · Garlic Aioli (Garlic Mayonnaise)

## Golden Fried Seafood

All Fried entrées served with cole slaw, french fries & a dinner roll

<b>Wild Caught Haddock</b> A wild-caught jumbo fillet of haddock, hand breaded & deep fried. Served with tartar sauce.		<b>Regular (7-8oz.)</b>	9.99	<b>Large (12-14oz.)</b>	12.99
<b>Wild Caught Cod</b> Wild-caught cod, hand breaded & deep fried. Served with tartar sauce.		<b>Regular (10-12oz.)</b>	10.99		
<b>English Style Fish &amp; Chips</b> Wild-caught Pacific cod in a beer batter and fried until golden brown. Served with fried chips. Served with tartar sauce.		<b>Regular (6-8oz.)</b> 8.99 <b>Large (10-12oz.)</b> 10.99			
<b>Cornmeal Crusted Catfish</b> Traditional southern classic recipe, a fresh catfish fillet cornmeal crusted and fried. Served with tartar sauce.		<b>Regular (7-8oz.)</b>	10.99		
<b>Seafood Combo</b> A wild-caught fillet of haddock, sea scallops, three fresh dry-packed jumbo sea scallops, & three large butterflied shrimp all hand breaded and deep fried. Served with cocktail sauce & tartar sauce.		<b>Regular</b> 17.99 <b>Large</b> 20.99			
<b>Jumbo Shrimp</b> Large shrimp, hand breaded and fried. Served with cocktail sauce.		<b>Regular (5)</b> 10.99 <b>Large (8)</b> 14.99			
<b>Wild Caught Scallops</b> Fresh, dry-packed, jumbo sea scallops, breaded & deep fried hand breaded & deep fried. Served with our house made tartar sauce.		<b>Regular (5)</b> 13.99 <b>Large (7)</b> 17.99			
<b>Clam Strips</b> Hand breaded fresh clam strips & deep fried. Served with cocktail sauce our house made tartar sauce.		<b>Regular (8 oz.)</b> 10.99 <b>Large (12 oz.)</b> 13.99			

**.SIGNATURE.  
SPECIAL**

**Bouillabaisse** 17.99  
 Mussels, shrimp, scallops, haddock and clams in a traditional tomato bouillion served with toasted croutini.

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